



**SIA “VELOMENS” (VELOMENS, Ltd)**

**Baltic Ultra Road Race Championship**

**4–6 June 2022**

## **REGULATION**

### **1 GENERAL EXPLANATIONS**

- 1.1 Baltic Ultra Championship in road cycling (hereinafter – Baltic Ultra) is organised by the team of SIA “Velomens” (*Velomens*, Ltd), led by Krišjānis Ratiniks.
- 1.2 The objective of Baltic Ultra is to develop the culture of ultra-long races in Latvia and to determine the fastest and most enduring racers of the Baltic states.
- 1.3 Baltic Ultra is an ultra-long road cycling race along a certain route.
- 1.4 Baltic Ultra is a competition that any cyclist who has reached the age of majority, is entitled to participate in.
- 1.5 The participants of Baltic Ultra must ride along a set route and visit certain control posts that are situated in different public places that are accessible by bicycle.
- 1.6 Two distances are available within the Baltic Ultra competition – 430 km and 800 km.
- 1.7 The participants of Baltic Ultra cycle along the certain route, and plan their rest breaks themselves.

### **2 TIME AND PLACE**

- 2.1 Baltic Ultra starts on 4 June 2022, at 9:00 a.m., in Sigulda, Fischer Sports Centre.
- 2.2 Baltic Ultra closes on 6 June 2022, at 3:00 a.m., in Sigulda, Fischer Sports Centre.
- 2.3 The control time for both routes is 42 hours.

## **3 PARTICIPANTS, REGISTRATION, PARTICIPATION FEE**

### **3.1 Participants**

- 3.1.1. Participation in Baltic Ultra is available to every interested person, who has reached the age of 18.
- 3.1.2. Cyclists from Latvia, Lithuania and Estonia can fight for the Baltic Ultra champion title.
- 3.1.3. Any participant, including participants beyond the Baltic states, may participate and receive monetary prizes for the place on the podium they have won.
- 3.1.4. The participant may participate with any bicycle of their choice; however, the organiser recommends choosing a road bike.
- 3.1.5. Baltic Ultra is open to up to 100 participants.

### **3.2 Registration**

- 3.2.1 The participants must register for the competition in advance, by applying on the website [www.velomens.lv](http://www.velomens.lv) by 20 May 2022. The participant is considered to have applied, when the participation fee has been paid. Upon registration, the participant must correctly provide all the required information.

### **3.3 Participation Fee**

- 3.3.1 Participation fee for one person on the 430 km distance - EUR 114.00 (if the participant applies and pays for participation by 31 March).
- 3.3.2 Participation fee for one person on the 800 km distance - EUR 118.00 (if the participant applies and pays for participation by 31 March).
- 3.3.3 As of 1 April, the participation fee for both distances will increase by EUR 20.
- 3.3.4 Participation fee must be paid by a bank transfer after the receipt of an electronic invoice sent by the organisers.
- 3.3.5 In the event of a failure to attend the competition, the organisers shall not return the participation fees paid, as well as shall not transfer the participation fee to any other event organised by SIA "Velomens".
- 3.3.6 By 10 May 2022, the participation fee may be transferred to another participant's name without additional charges. After this date, no transfers are possible.

## **4 BALTIC ULTRA SAFETY RULES**

- 4.1 The participants of Baltic Ultra shall indicate on their participant registration sheets that they undertake to comply with this regulation by signing the registration documents stored with the Baltic Ultra management of SIA “Velomens”.
- 4.2 The co-operation between SIA “Velomens” and participants of Baltic Ultra is commenced after the participants have made payment for the service and signed the registration documents.
- 4.3 SIA “Velomens” may refuse to provide service, if the participant fails to meet the requirements provided for by the regulation.
- 4.4 The participants must comply with road traffic regulations.
- 4.5 During the dark time of the day, the participants must use headlights and rear lights, as well as wear reflective vests/bands.
- 4.6 The participants shall ride with their helmets on and buckled.
- 4.7 Use of alcohol or other intoxicating substances during Baltic Ultra is strictly prohibited.
- 4.8 Should a participant of Baltic Ultra use intoxicating substances during the use of the service, violate this regulation or act in a manner that raises suspicion about the ability of the participant to use the service without inflicting damages to SIA “Velomens” or the life, health or property of third parties, the representatives of SIA “Velomens” are entitled to immediately terminate the provision of service, without the duty to repay the fee for the service that has been paid by the participant.
- 4.9 SIA “Velomens” shall not be liable for lost or damaged items of the participants.
- 4.10 SIA “Velomens” does not provide coverage for traumas or accidents sustained during Baltic Ultra.
- 4.11 SIA “Velomens” shall be released from liability for injuries, traumas, as well as other harm to the life, health and property of a participant, including the death of a participant.
- 4.12 Each participant shall assume full liability for their health status. The participant shall assess their ability to continue participation in Baltic Ultra themselves and be liable for their personal safety and health status.

- 4.13 The participant shall be entitled to terminate their participation in Baltic Ultra at any moment due to any reason. The participant must provide for their own transport from the place where they terminated their participation in the race.

## **5 BALTIC ULTRA PROGRAMME**

### **5.1 Programme**

- 5.1.1 Registration of the participants will be performed at the store of Veloexpress in Riga, Gunāra Astras iela 3, on 3 June 2022, from 11:00 a.m. to 7:00 p.m., as well at the start of the race in Sigulda, on 4 June, from 7:00 a.m. to 8:30 a.m. The participants, upon demonstrating their personal identity document, will receive a GPS transmitter and a number.
- 5.1.2 Upon the receipt of GPS transmitter, the participant shall sign to state that, in the event of their failure to return on time, they will cover the full price of the transmitter - EUR 120.
- 5.1.3 Prior to the start and at the control posts, each participant may be checked for the presence of mandatory equipment.
- 5.1.4 Each participant will receive a participant number, which must be fixed to the bicycle in a visible place.
- 5.1.5 During registration, every participant shall have the duty to read and sign the regulation of Baltic Ultra and sign to confirm that they will comply with this.
- 5.1.6 During Baltic Ultra, the participants will keep to the defined route, without deviating from it by more than 30 metres. Leaving the route is permitted to visit stores and take accommodation for a night's rest, but, afterwards, the participants must return to the route in the place where they left it.
- 5.1.7 Participants may ride together with other participants; riding in a group is not prohibited.
- 5.1.8 The participants are prohibited from using the assistance of third parties (leaving their equipment in storage to third parties, use the support of accompanying transport, using any other transport vehicle, except for their bicycle). In the event of a failure to comply with this article, the participant shall lose their entitlement to finish the Baltic Ultra race.

- 5.1.9 If relatives or friends of a participant reside on the route, their help may be used to the degree that is necessary to rest or receive accommodation at night.
- 5.1.10 The participants are requested to observe the principle of honest sportsmanship, which means abstaining from the performance of actions that may place the participant at a considerable advantage in comparison with other participants.
- 5.1.11 The traffic is not closed or limited during Baltic Ultra; the participants must observe road traffic regulations.

## **5.2 Route and Control Posts**

- 5.2.1 The start of Baltic Ultra will take place simultaneously for both distances - at 09:00 a.m., in Sigulda, at Fischer Sports Centre.
- 5.2.2 Additional information on the route and control posts, as well as the GPX of the route, shall be sent to the participants two weeks before the start.
- 5.2.3 The route lies along asphalt roads of Latvia and Estonia only, and if possible, along low intensity highways.
- 5.2.4 During Baltic Ultra, participants must visit control posts riding on their bikes. The control posts have fixed operational hours.
- 5.2.5 Map: <https://www.google.com/maps/d/u/0/edit?mid=11gRT3298JOQLkFQC-778OI-pE0X-fAX&usp=sharing>
- 5.2.6 Upon arrival at each control post, the participants must register with the coaches, who will attach a sticker on the participant's number, to certify that the participant has visited the control post.
- 5.2.7 **During Baltic Ultra, the Participants shall have to Visit the Following Control Posts (CP):**
  - 5.2.7.1 For both distances – CP Madona. Approximate distance from the start – 130 km. Working hours: 4 June until 4:00 p.m.
  - 5.2.7.2 For the 800 km distance only – CP Dagda. Approximate distance from the start – 280 km. Working hours: 4 June until 11:00 p.m.
  - 5.2.7.3 For both distances – CP Alūksne. Approximate distance from the start for the 430 km distance - 230 km. Meanwhile for the 800 km distance - 485 km. Working hours: 5 June until 11:00 a.m.

5.2.7.4 For both distances – CP Jaunpiebalga. Approximate distance from the start for the 430 km distance - 305 km. Meanwhile for the 800 km distance - 675 km from the start. Working hours: 5 June until 9:00 p.m.

5.2.7.5 Finish in Sigulda, Fischer Sports Centre, by 6 June, at 3:00 a.m. Control time for both distances – 42 hours.

## 6 PARTICIPANT EQUIPMENT

6.1 Baltic Ultra route must be raced by bicycle; the use of any other transport vehicle is prohibited.

6.2 Use of accompanying transport during Baltic Ultra shall be prohibited.

6.3 The transfer of personal items of the participant between the control posts shall not be available during Baltic Ultra; therefore, all equipment required by a participant during the Baltic Ultra race shall be carried by the participants themselves or purchased in the stores that are available on the route.

### 6.4 Mandatory Equipment of a Participant

<b>Bicycle</b>	Recommended - road bike
<b>Headlight and rear light</b>	Lights must be turned on during the dark time of the day.
<b>Helmet</b>	While in motion, the helmet shall be on the head of the cyclist and buckled.
<b>Reflecting bands/vest</b>	During the dark time of the day, a reflective vest or bands must be worn.
<b>Spare tubes, pump and a tool set</b>	Depending on the assembly set of the bicycle
<b>Route tracking device</b>	Smartphone, cycling computer (Garmin, Wahoo...)
<b>GPS transmitter</b>	A GPS transmitter issued by the organisers. The fine in the event of loss or damage of the transmitter - EUR 120.
<b>Mobile phone</b>	To ensure communication with the participant during Baltic Ultra.
<b>Passport or ID card</b>	During registration and competition.

## RESULTS, FINISHERS

### 7.1 Results

- 7.1.1 Each participant, like any other stakeholders, may track their results and location in real time on the map <http://event.trackcourse.com/>.
- 7.1.2 The movement of participants along the route shall be monitored on-line by several referees. Changes in the route may result in a fine. The chief referee of the race decides on the enforcement of fines.
- 7.1.3 The organisers undertake to publish the result of all participants within two days after the closure of the finish on the website [www.velomens.lv](http://www.velomens.lv).

## **7.2 Finishers, Awarding**

- 7.2.1 The distance of Baltic Ultra is deemed to have been completed, if the participant has completed the entire distance of the race along the defined route, visited all control posts during the working hours thereof, and reached the finish by 6 June, at 3:00 a.m.
- 7.2.2 Each participant, who has met the aforementioned at the finish, shall receive a Baltic Ultra finish medal.
- 7.2.3 The winners of each distance in the men's and women's group will receive the Baltic Ultra winner trophy.
- 7.2.4 The total prize fund of Baltic Ultra exceeds EUR 3,000.
- 7.2.5 At the distance of 430 km, the following monetary prizes are granted in the men's and women's groups: first place - EUR 200, second place - EUR 150, third place - EUR 100.
- 7.2.6 At the distance of 800 km, the following monetary prizes are granted in the men's and women's groups: first place - EUR 400, second place - EUR 300, third place - EUR 200.
- 7.2.7 The awarding of prizes shall be held on the hour after the participants finish.
- 7.2.8 The winners of three more prizes awarded by [Velomens.lv](http://Velomens.lv), each worth approximately EUR 100, shall be determined by a lottery.
- 7.2.9 The lottery shall be held on 7 June on the Facebook page of [Velomens Ceļo](http://Velomens Ceļo).

## **8 ORGANISER OF BALTIC ULTRA**

SIA "Velomens", [www.velomens.lv](http://www.velomens.lv), [velomens@gmail.com](mailto:velomens@gmail.com).

Krišjānis Ratiniks – the author of the idea and main organiser.